



**Sometimes People Wear Face Masks**  
**wakati mwengine watu wana vaa**  
**Barakoa “Masks”**

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I might see people wearing face masks in shops and busy place.

Naweza kuona watu wamevaa Barakoa madukani na sehemu yenye watu wengi.



There might be times  
when I might need to  
wear a face mask too.  
This could feel strange  
at first.

Kuna wakati na mimi  
pia ntahitaji kuvaa  
Barakoa.ntajisikia ni  
kigeni kwangu kwa  
mara ya kwanza.



I can practise wearing a face mask to get used to how it feels. I can also wash my hands and use hand sanitiser to help keep germs away.

Naweza kufanya mazoezi njisi ya kuvaa Barakoa ili nizoweke khali hiyo iko je.naweza kunawa mikono yangu pia kwa kutumia kitakasa mikono ili kujilinda na kimelea.





I can keep space between myself and others when I am out to help keep germs away too.

I might see signs or stickers that remind everyone to do this.

Ninapo kwenda sehemu naweza kujitenga kwa kutosogeleana na watu wengine ili kujilinda na kimelea pia.

Naweza kuona alama inayo onesha ni gisi gani tupeane umbali.



It might feel a little  
bit different to see so  
many people wearing  
face masks or to  
wear one myself.

Naweza kujisikia  
tofauti kidogo kuona  
watu wengi wamevaa  
Barakoa au na mimi  
pia nikiwa nime vaa.



If I feel worried about things being different, I can talk to a grown-up and ask any questions.

Kama niki jiskia kuwa mwenye wasi wasi kuhusu vitu kua tofauti, naweza kuongea na mtu mkubwa na kumuuliza maswali.





The grown-ups I  
trust will keep me  
safe. There are lots  
of helpers keeping  
people safe too.

Watu wakubwa  
ninao waamini  
wataweza  
kunilinda. Na kuna  
wasaidizi wengi  
ambao wana  
walinda watu pia.